



Osmose Yoga Paris

1. Weekend workshops

Location: Osmose Yoga Paris

2019

- January: 11, 12, 13
- February: 1, 2, 3
- April: 5, 6, 7
- May 31, June: 1, 2
- September: 13, 14, 15
- November: 15, 16, 17

2020

- January: 17, 18, 19
- March: 13, 14, 15
- May: 15, 16, 17
- September: 18, 19, 20
- November: 13, 14, 15

2. Intensive retreats – 10 days

- First Retreat: July or October 2019

Location: TBD

- Second Retreat: July 2020

Location: Osmose Yoga Paris

Exact dates to be determined in collaboration with all the participants